

International Overdose Awareness Day

August 31, 2018

Fentanyl

- Fentanyl and fentanyl related compounds such as carfentanil and acetyl fentanyl are synthetic opioids
- It only takes a very small amount of fentanyl or its derivatives- which can be inhaled or absorbed through the skin or mucus membranes (such as being inhaled through the nose or mouth)- to result in severe adverse reactions.
- Fentanyl is being added into heroin, cocaine, counterfeit pills and other drugs



Cocaine

- Cocaine is a powerfully addictive stimulant often mixed with other drugs like amphetamines and synthetic opioids, including fentanyl. People using cocaine may not realize it contains this dangerous additive
- The overall increase in cocaine-related deaths in Maryland is largely the result of deaths occurring in combination with opioids. Seventy-one percent of cocaine-related deaths in 2017 in MD occurred in combination with fentanyl, and 50% in combination with heroin.

Prescription Drugs

- Young adults (age 18 to 25) are the biggest abusers of prescription opioid pain relievers, ADHD stimulants, and anti-anxiety drugs.
- Prescription drugs are misused by:
 - Taking someone else's prescription to self-medicate
 - Taking a prescription medication in a way other than prescribed
 - Taking a medication to get high



Synthetic Marijuana

- ▶ Man-made mind altering chemicals that are sprayed on dried, shredded plant material so they can be smoked or sold as liquids to be vaporized and inhaled in e-cigarettes and other devices
- ▶ Sold in small packets and labeled 'herbal incense' or 'potpourri' and generally marked 'Not for Human Consumption'
- ▶ The chemical composition of products sold as Spice is unknown



PARENTS WHO HOST LOSE THE MOST™



Don't be a party to **teenage drinking.**

It's against the law.

Underage Drinking

- ▶ Youth who start drinking before age 15 years are six times more likely to develop alcohol dependence or abuse later in life than those who begin drinking at or after age 21 years.
- ▶ Youth who drink alcohol are more likely to experience:
 - School, social, legal, and physical problems
 - Physical and sexual assault
 - Changes in brain development that may have lifelong effects

Resources

- ▶ Maryland Department of Health Unintentional Drug- and Alcohol-Related Intoxication Deaths in Maryland Annual Report 2017 can be located at:
bha.health.maryland.gov/OVERDOSE_PREVENTION/Pages/Data-and-Reports.aspx
- ▶ www.clearthecabinet.com/
- ▶ www.itsneverworthit.com/

For more information, call the
Carroll County Health Department
Substance Abuse Prevention Office at
(410) 876-4449

The next meeting of the Carroll County Opioid Prevention Coalition will be held on **Wednesday, September 12th from 9:00 to 10:30 a.m.** in the Carroll County Health Department Multi-Purpose Room. Meetings are open to the public.

